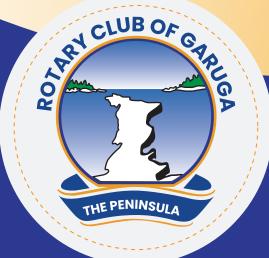
# The **PENINSULA**

Quarterly Magazine 2<sup>nd</sup> Edition, January – March 2023





We meet every Friday | Time: 07:30pm at Wilna Motel, Garuga





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WILNA MOTEL



# EDITOR'S MESSAGE

Welcome to the 3rd quarter of the RY 2022/2023. Greetings fellow Visionary Rotarians, Rotaractors and friends of Rotary. I am excited to share with you the PENINSULA 2nd edition for the period ended January – March 2023.

In this issue, we bring you a variety of events and activities that transpired; an insight about all thehappenings in the Rotary Club of Garuga. We also unveil the 3 buddy groups that were responsible for each of the 3 months and all activities herein.

I would like to thank all those who forwarded ideas. It takes time to make a piece like this, but little by little, we're going to get this better.

I can be reached on jackiemakumbi@gmail.com Happy Reading.

> RTN. JACKIE NANKABIRWA K PR DIRECTOR – ROTARY CLUB GARUGA.

### **MESSAGE FROM RI PRESIDENT**

Jennifer E. Jones RI President 2022/23

# **INTRODUCING THE ROTARY YOUTH NETWORK**

How do you take the best from the worst? None of us will forget how the pandemic altered our world and our lives. Each of us had to traverse this period of uncertainty, and no one had a free pass from the effects.

I personally believe this has created space for a different kind of global leadership - one that is courageous, empathetic, and vulnerable. I met my good friend Anniela Carracedo online in early 2020. She is one such leader, and I'm thrilled to turn this month's column over to her.

> Eventually, quarantine restrictions were being lifted, and the needs of our participants were changing. At our last official meeting as RIQ, Past RI President Barry Rassin inspired us to

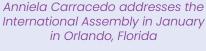
create even bigger change, so we transformed RIQ into the Rotary Youth Network, or RYN. A few of our members, including me, were selected to serve on the inaugural Interact Advisory Council,

where we presented our vision for youth in Rotary to the RI Board of Directors. Our presentation to the Board inspired President Jennifer and her team to create a Youth Advisory Council in Rotary

International, which I am honored to serve on as a co-chair.

The Rotary Youth Network officially launched during a breakout session at the 2022 Rotary International Convention in Houston. Five of us, who had participated in Interact, Youth Exchange, and Rotary Youth Leadership Awards, traveled across continents to launch an organization we had kicked off online two years before. The convention was the first time we had met in person. When my friends and I finished our talk, we realized more than 500 people were giving us a standing ovation. Tears filled our eyes, and the feeling of excitement and accomplishment took over. Who would have thought that a panic attack would lead to this?

#### **ANNIELA CARRACEDO** RC Bay St. Louis, Mississippi District 6840 Rotaract chair-elect





In March 2020, I had a panic attack. I couldn't breathe, and I felt a terrible pain in my chest. It had been a few days since the World Health Organization declared COVID-19 a global pandemic, and I was in the middle of my year as a Rotary Youth Exchange student in the United States. Think about it: an 18-year-old girl stuck in a different country, with a foreign language, with people she had only met six months before. It was scary.

But I am familiar with uncertainty. I was born and raised in Venezuela, which is Anniela Carracedo addresses the going through one of the worst International Assembly in January humanitarian and political crises in the Western Hemisphere. But my mom

always said, "Challenges are nothing more than needs that require a solution." I called up my Interact and Youth Exchange friends. Together, we organized an online meeting to share projects and get inspired by what everyone else was doing during the quarantine.

In that first meeting, we had 70 people, mainly students, from 17 countries. From that beginning, we built an online platform for Rotary youths worldwide to share their experiences and inspire others with project ideas during isolation. We looked for mentors and supporters who would help our group connect young people, collaborative share cultures, and open new opportunities for international service projects.

We called it Rotary Interactive Quarantine, or RIQ. After only a year, we engaged with more than 5,000 students from 80 countries. Several of our team members became district Interact representatives and district committee members, and some of us even serve on Rotary International councils.



Dear Friends,

As we are approaching the last few months of my governorship, my district officers and I are still busy with current events and organizing others to be held during the rest of this Rotary year as well as in the upcoming Rotary year. This last month has been very eventful; we attended the 2023 District Team Training Seminar in Kalangala, a joint DTTS, and PETS in Dar es Salaam, celebrated the World Rotaract Week, and officially flagged off the first 50 Tricycle Village Ambulances by the Hon Prime Minister Robinah Nabbanja on behalf of HE Yoweri Kaguta Museveni the president of the Republic of Uganda.

I am very pleased and grateful to all the teams that worked so hard to ensure the success of each of these events. The passion, dedication, and commitment to the job were truly inspiring. It was evident that everyone was passionate about their role. The teamwork and love for our district were evident in every aspect of the events. Everyone worked together for an amazing outcome, and it was a pleasure to witness the enthusiasm and dedication that everyone put in. I am proud of everyone who was involved, and I am thankful for their hard work and commitment to making each event a success and our district better.

This month, we join the rest of the world in celebrating the environment. As Rotarians and Rotaractors, we understand the importance of preserving our planet and protecting the environment. Our District

9214 members have been deeply involved in environmental projects; these initiatives have had a

### **MESSAGE FROM DISTRICT GOVERNOR**

## **CELEBRATING OUR COMMUNITIES;** THE WORK CONTINUES

This month, we join the rest of the world in celebrating the environment. As Rotarians and Rotaractors, we understand the importance of preserving our planet and protecting the environment."

positive impact on the local communities and have enabled us to make a lasting contribution to the environment. We will continue to strive to create a sustainable future, and we invite all of our members to join us in our efforts to preserve the planet. As the District Conference draws nearer, I am excited to welcome all registered delegates to Mbarara.

This conference will be a great opportunity to celebrate the wonderful work that we have been doing all year. I encourage all of us to come together, inspire one another, and share our experiences in service to our communities. The theme of this year's conference is "Celebrating Our Communities," and I am proud to announce that we have a stellar line-up of speakers and prominent leaders from the public and private sectors. There are also several theme nights planned for the conference, and the dress

codes have already been published. I urge all members to use the first two weeks of this month to prepare for the conference and to make the necessary arrangements to participate, as it promises to be an eventful and exciting three days.

In conclusion, I am proud of all that we have accomplished thus far, and I look forward to our continued

success. As we strive to serve our communities, let us remember that our work is critical to creating a better world. Let us work together to ensure that our district continues to be a beacon of light and hope in the world.

#### Peace Taremwa District Governor 2022/23



# DCA **THEME NIGHTS**

Are you Ready?

Also in attendance will be DJ Beannie from Old Tymerz 28th, April 2023, Las Vegas Garden Hotel / Time: 6pm

DGNDs' and DRRNs' Luncheon

Rotaract

With

Light entertainment during the luncheon as the DGNDs and DRRNs are announced

ROKE

Dress Code: Wigs/Bright Colors/Suspenders

Rotaract () :0: IMAGINE

DJ Guan'z

http://rotarydiscon.org

Felix Felisax (saxophonist)

Rotary

DJA

ROKE

Rotary (%)

Atuhairwe Shilloh Mukwa (pianist)



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http://rotarydiscon.org

2ROKE

# MESSAGE **FROM THE** PRESIDENT

**CP. BENJAMIN BWANIKA** 



The plane carrying the Visionary leadership is preparing to land. The cabin crew has been alerted and as the pilot, the intention is to land smoothly and hand over to the next pilot without losing momentum. If momentum is what keeps us going; the past quarter has been quite thrilling.

The Buddy groups have done a tremendous job in keeping the Club vibrant. We have had very engaging meetings and activities as you will read in this magazine. Our membership is growing. We have sixteen (16) prospects undergoing mentorship and we are hopeful that they will be inducted soon.

Friendship, bonding within Members and fellowship are our topmost priority to make the club one big family, where each member has the sense of involvement and togetherness.

The Rotaract Club of Garuga in formation is growing by the day. They had their maiden community project where our club fully participated as their mother club.

We have continued with our TRF mobilization within the Buddy groups. The healthy competition is yielding results. A total of USD 2,929 was remitted to RI this quarter. We initiated a project to light up the Kitagata hot springs with solar power. Completion is expected before the DCA.

I take this opportunity to thank the Board and Club Members for the support they have accorded me during this quarter. You are a formidable team. Special thanks to our Ambassador, Rtn Agetie Aikirize, for mobilizing the highest number of delegates to the upcoming DCA.

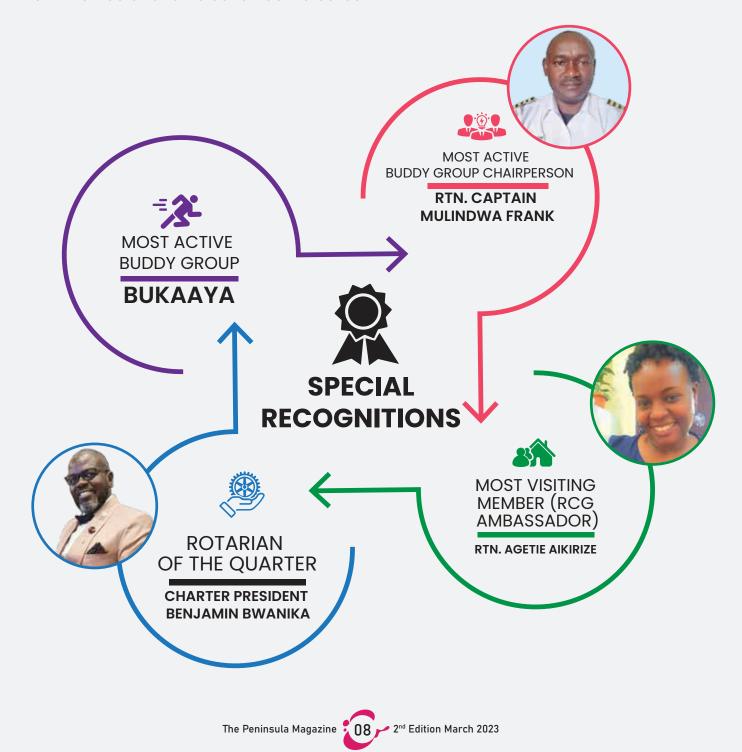
Aluta continua. Long live RCG.

# SPECIAL RECOGNITIONS

The president of the Rotary Club of Garuga, Rtn. Benjamin Bwanika did appoint a committee in charge of nominating and electing the following:

- 1. Most active buddy group.
- 2. Most active buddy Chairperson
- 3. Rotarian who visited the most clubs.
- 4. Rotarian of the year (also nominated quarterly in terms
- of attendance, service above self, contributions etc).

The committee did what they did best and the results from the free and fair election as indicated.



# CLUB Project

Our signature project; Nalugala Health Centre II, located in Garuga Bulega serves the entire population of Garuga Peninsula. Our work on the Health Centre is ongoing and in February, Bugabo Buddy group donated some items to it. Items included weighing scales, stethoscopes, mama kits, thermometers, detergents, pulsometers, glucometers, blood pressure machines etc.

We held our fellowship at the Health Center and we handed over the items to the staff of the health centre.













# **ROTARACT PROJECTS IN GARUGA COMMUNITY**

The Rotaract club of Garuga In-formation carried out a community cleanup project in the month of February.

This which involved cleaning Ssinde trading center in an effort to improve the community sanitation, the project also fully engaged Rotary Club of Garuga their mother club in various forms including attendance plus funding. We thank our babies for this great initiative of service above self.







# KATABI BUDDY GROUP

### **JANUARY 2023 REPORT**

Katabi buddy group has a vibrant membership of 5 members:

- Rtn Edward Kinda (Chairperson)
- Rtn Nathan Kasozi (Director Finance
- Rtn Diana Nuwatuhaire(Seargent At Arms)
- Rtn. Clare Nandawula
- Rtn. Teopista Nampijja

January was a very exciting month and yet also very challenging on the financial spheres. It was Rotary Vocational service month and guess who better than the mighty Katabi buddy group were entrusted to lead RC Garuga Fellowships for the month.

The first week kickstarted with Rtn Jemimah Semakadde who gave insights on what vocational service means for Rotary, imploring every one to use their skill to serve rotary.

Second week had a guest speaker; Mr. Kiiza Joel Paul who discussed Alternative financing for Rotary, emphasizing the need for more sources of income to serve Rotary better, innovativeness and starting up partnerships were encouraged.

Third week ,PAG George Bush spoke about Vocational service with rotary, re-defining the big opportunities and big services a Rotary club can give to society and how everyone can be very instrumental in Vocational service

The 4th and last fellowship, we had the first ever Kyoto, with CP Bob Nsereko of RC gracing the Ocassion and Bwerenga leading RC Garuga on his journey to Rotary with focus on Vocational service, was a very emotional experience, value telling in terms how he struggled to believe in the ideology Rotary despite serving unknowingly. He alluded that hope shouldn't be lost when we fail there's power in crossing the tunnel and that his journey to CP was a one of true definition of the common saying from "grass to grace". As has become the norm, the big boys "Katabi buddy group " treated members to a live band and end of month party!!! We danced and cheered to a successful Vocational service Month.

Katabi buddies never disappoint despite, holding the maiden TRF run, hosting District Governor Peace, Beating all buddy groups on the Fundraiser among others, they are a solid team for big projects and their BIG BOYS MENTALITY IS UNMATCHED..LONG LIVE KATABI



# BUGABO BUDDY GROUP

### FEBRUARY 2023 REPORT

Bugabo buddy group is one of the five buddy groups that form up the Rotary Club of Garuga. It is comprised of six members, namely;

- Rtn. Joel Lugaya (Chairperson)
- Rtn. Daniel Kwesiga
- Rtn. Lydia Wampande
- Rtn. Allan Obalim
- Rtn. Reagan Basoga
- Rtn. Emma Seruwu

Bugabo buddy group was responsible for the running of fellowships for the month of February 2023, the month of Peace and Conflict resolution.

The first week saw us inviting PDG Xavier Sentamu as our guest speaker who talked to us about how to grow a club avoiding conflicts. It was such an insightful presentation because it actually showed us how easy it was to resolve conflict with each other in the quest to serve above self.

The second week came in very fast, and it also coincided with our ever-challenging period of the year when we send back our children to school. We found it worthwhile spending some time relaxing and chatting away from the back-to-school stress. We organised a comedy night by the fire. Comedian Daniel Kalela was invited to give us a good dose of laughter.

The third week, we felt that the momentum was high up there. We had been lucky enough to have Rtn. AIGP Asan Kasingye accept our invitation as a guest speaker. This just came in perfect and he didn't only discuss but he taught us a lot. Nonetheless he taught us to look at more of conflict avoidance, than conflict resolution, we all know prevention is better than cure.

The fourth and last week was the highlight of our month, serving above self. It was time to look at our club's signature project, Nalugala Health Centre II. We unanimously agreed that as a buddy group we had to give back to our community, and which better way did we have than to donate a few items that they desperately needed to run their day-to-day operations.

We put together resources as a group and procured, weighing scales, stethoscopes, mama kits, thermometers, detergents, pulsometers, glucometers, blood pressure machines etc. We held our fellowship at the Health Center and we handed over the items to the staff of the health centre. We were glad to have PAG George Ochieng as our Chief guest. It was so gratifying to see some of the community members who were around endlessly thanking the Rotary fraternity for the support.



# MAWUGULU **BUDDY GROUP**

### MARCH 2023 REPORT

Mawugulu buddy group was responsible for the running of fellowships for the month of March 2023. February was the month of Water and Sanitation. It is comprised of 7

- members, namely; Rtn. Winnie Mukyala Ssenyondwa (Chairperson) • Rtn. Violet Namayanja Nyenje
- Rtn. Rtn. Diana T Kirabo
- Rtn. Rtn. Dr. Tom Lutalo
- Rtn. Dorothy Nakawesa
- Rtn. Wilson Twijukire
  Rtn. Jackie Nankabirwa K

March had 5 Fridays which we oversaw, and we had a very well outlined program for the 5 times. Each member was assigned the task of taking the lead or better yet spear heading the activity to be done for each of the Fridays. This was well managed as below:

March 3rd 2023: How do we ensure that our

water is safe for consumption by Rtn. Dr. Philip M Nyenje. We had such an educative topic and this was so beneficial to all.

March 10th 2023: Life's subtle Reminders by Rtn. Barbra Nekesa (From RC Bwebajja). This fellowship was full of positive vibes, and sponsored too by our guest speaker. We had Kimeeza with a special DJ. A wonderful way to wind down the week.

March 17th 2023: Fitness Fellowship by coach Kirumira Elias. Starting with a health and fitness talk by Dr. Tom Lutalo. Left everyone feeling physically nourished.

March 24th 2023: We had the Rotaractors take over our fellowship. Effects of Rotary Mentorship Programs by Rtr. Ssekono Shadrack (From Rotaract Club of Bwebajja). I have never seen attendants laugh like this during the fellowship. So vibrant and lots to learn too.

March 31st 2023: My Rotary Journey - An discussion. Intended for open the engagement of all. We also had a special gift to all members in attendance. This wrapped up the month.



# **CELEBRATING OUR MEMBERS' BIRTHDAYS**





Rtn. Kasozi Nathanael **Director Finance** Jan 7th



**Rtn. Florence Noawe Nkalubo** Jan 7th



Rtn. Benjamin Bwanika **Charter President** Jan 29th



**Rtn. Lydia Wampande** Club Ad ministrator Feb 16th



**Rtn. Dr. Tom Lutalo Director TRF** Feb 25th



Rtn. Captain Frank Mulindwa Bukaaya Chairperson Mar 3rd



March



Rtn. Winnie Mukyala Ssenyondwa Mawugulu Chairperson Mar 3rd

**Rtn. Allan Obalim** Mar 27th

### **February**

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# IMAGINE WHAT'S NEXT IN MELBOURNE

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MELBOURNE 2023

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THE IMPACT OF ROTARY ON YOUNG ENTREPRENEURS AND COMMUNITY DEVELOPMENT

The Rotary organization plays an important role in supporting young entrepreneurs and aiding in global economic and community development. For over 100 years, the Rotary has provided countless resources and services to help young entrepreneurs and business owners achieve their goals. Through the support of Rotary clubs, young entrepreneurs are able to gain access to the financial resources, mentorship, education, and other resources they need to launch and grow their businesses.

One of the main ways that Rotary helps young entrepreneurs is through its financial support services. Rotary clubs through the Foundation grants offer loans, and other financial resources to help entrepreneurs get the capital they need to launch and grow their business. Rotary also provides access to mentorship programs, business education, and other resources to help young entrepreneurs understand the business landscape and make informed decisions.

In addition to providing financial resources, Rotary also helps entrepreneurs through its networking and community support services. Through its network of clubs, Rotary connects entrepreneurs with other business professionals, investors, and mentors to help them succeed. Rotary also offers workshops and seminars to help entrepreneurs understand the business landscape and develop business strategies. Rotary clubs offer volunteer services to help entrepreneurs promote their business, build relationships, and get the word out about their services.

The impact of Rotary's support of young entrepreneurs is far-reaching. By providing entrepreneurs with the resources, they need to launch and grow their businesses, Rotary is helping to create more jobs and promote economic growth. Rotary's support also helps entrepreneurs to build relationships with the community and to contribute to the local economy. Finally, Rotary's support helps to foster innovation and create new business opportunities, which can lead to new technologies and products that can benefit the wider community.

In short, Rotary plays an important role in supporting young entrepreneurs and helping to foster economic and community development. Through its financial resources, mentorship programs, networking opportunities, and other services, Rotary is helping to create a vibrant and thriving business environment that can benefit the entire community.

### By CP Anthony Kafumbe – RAC Bwebajja



### DEVELOPING EFFECTIVE LEADERSHIP STRATEGIES FOR ROTARY AND ROTARACT CLUB

Leadership is an essential component of any successful Rotary and Rotaract club. It is the responsibility of the leaders to ensure that all members are given the opportunity to contribute and

that the club runs efficiently and effectively. Here are some tips to help develop effective leadership strategies for your Rotary club:

**1. Set Clear Goals:** Setting clear goals is essential for successful leadership. This involves taking the time to discuss and formulate a vision and mission statement for your club, as well as creating a plan to achieve those objectives. This will help ensure that everyone is on the same page and working towards the same goals.

2. Embrace Collaboration: Collaboration is key to successful leadership. Encourage members to work together and share ideas in order to reach common objectives. This will help create a sense of unity and community within the club.

**3. Involve Members:** It is important to involve all members in the decision-making process. This will ensure that everyone is heard and that they feel they are a part of the club.

4. Provide Support: Providing support is essential for effective leadership. Make sure to provide members with access to resources, guidance, and advice, so that they can succeed.

**5. Celebrate Success:** Celebrating the successes of members and recognizing their efforts will help motivate and inspire them to continue striving for success.

6. Develop Leadership Skills: Leaders should strive to develop their own leadership skills. This can be done through workshops, trainings, and mentorship programs.

7. Communicate: Effective communication is essential to successful leadership. Ensure that all members are kept informed, and that their feedback is taken into consideration.

By following these tips, you can develop effective leadership strategies for your club that will help ensure its success. Your leadership is essential to the success of your club and by taking the time to develop effective strategies, you can ensure that your club remains healthy and vibrant.

PP. Joseph B. Ssengooba – RAC Bwebajja

# **2nd PRESIDENTIAL** INSTALLATION

### Rtn. Julius Muzira PHF (+1) **President Elect**

Ladies and gentlemen, allow me to introduce to you our President Elect Rtn. Julius Muzira PHF (+1). Rtn. Julius will be installed on July 15 th 2023.

It is that time of the year when a new generation of leaders are in preparation to take over in a few months (July). In Rotary, leadership is a process of continuous learning. It is evident that stepping into a new role as a leader is both exciting and challenging.



Many leaders especially in Rotary say they learned about leadership from Rotary than they did elsewhere as "it takes more than skill to lead volunteers".

In conclusion, through building a team around you, you learn what you are good at and you can rely on

others to fill the gaps. We look forward to the months ahead.

By Rtn. Jackie N. K

# **RCG DCA** AMBASSADOR



**Rtn. Agetie Aikirize** 

My first convention as a Rotarian and Office in Charge for Rotary of Garuga, it has not been easy to mobilize fellow Rotarians to register for the DCA in Mbarara although I am happy that our club managed to have 9 members register.

These include; Rtn. Julius Muzira, Rtn. Hajjat Aidah Namanya, Rtn. Nathanael Kasozi, Rtn. Agetie Aikirize, Rtn. Daniel Kwesiga, Rtn. Frank Mulindwa, Rtn. Philip Nyenje M, Rtn. Wilson Twijukire, CP Benjamin Bwanika.

Several zoom meetings were held for OIC on the updates for the

DCA until the required numbers were met as well as reminders for early bird registrations. We are looking forward to connecting with convention attendees from all over the world, learning more from guest speakers, the house of friendship, exploring networking, discovering new ideas for our club, shopping for Rotary clothing, pins, and souvenirs during our stay in Mbarara.

# THE GUIDING PRINCIPLES OF ROTARY

These principles have been developed over the years to provide Rotarians with a strong, common purpose and direction. They serve as a foundation for our relationships with each other and the action we take in the world.

#### **Object of Rotary**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service;

**SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;

**FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

#### The Four-Way Test

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships. The test has been translated into more than 100 languages, and Rotarians recite it at club meetings:

#### Of the things we think, say or do

 Is it the TRUTH?
 Is it FAIR to all concerned?
 Will it build GOODWILL and BETTER FRIENDSHIPS?

4. Will it be BENEFICIAL to all concerned?

#### **AVENUES OF SERVICE**

We channel our commitment to service at home and abroad through five Avenues of Service, which are the foundation of club activity.

• **Club Service** focuses on making clubs strong. A thriving club is anchored by strong relationships and an active membership development plan.

• Vocational Service calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. Learn more in An Introduction to Vocational Service and the Code of Conduct.

• **Community Service** encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest. Learn more in Communities in Action: A Guide to Effective Projects.

• International Service exemplifies our global reach in promoting peace and understanding. We support this service avenue by sponsoring or volunteering on international projects, seeking partners abroad, and more.

• Youth Service recognizes the importance of empowering youth and young professionals through leadership development programs such as Rotaract, Interact, and Rotary Youth Leadership Awards.



Rotary Club of Garuga meets every Friday | Time: 07:30pm at Wilna Motel, Garuga